



# PREPARING FOR YOUR PROCEDURE

## Fasting

- Do not drink or eat anything, including mints, gum, candy, coffee, and water, 8 hours prior to your surgery time.
- However, medications for blood pressure, heart, breathing, and thyroid may be taken with a small sip of water in the morning.
- If you are diabetic, do **not** take insulin and/or oral diabetic medications the morning of surgery.

## Transportation

- An adult driver **must** accompany you and remain available and onsite during the procedure.
- Please only bring one guest as your driver.

## Personal Items

- Please leave all jewelry at home.
- Bring rescue inhalers with you the day of surgery.

## Smoking

- No smoking the morning of your surgery.

## Duration at the Center

- The time spent at our center averages approximately 2 to 3 hours.

## Other Important Information

- Glaucoma drops may be taken as usual.
- If you are required to have an INR, please report your most recent INR (within 7 days) to the surgery center 480.641.3937.
- Bathe or shower prior to surgery. Remove any makeup the night before surgery, especially mascara. Do not wear facial products or scented products the day of surgery.
- Please ensure you have obtained your post-operative drops prior to your procedure.
- Report any health changes to us between now and your procedure date.

**Failure to follow these guidelines may result in the cancellation of your surgery.**